

■ The 4 A's of Belonging Worksheet

Building a Foundation for Belonging

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Turning Awareness into Action

Belonging is built through consistent choices and intentional leadership. Use this worksheet to reflect on how you demonstrate each of the 4 A's of Belonging in your daily interactions, and identify opportunities for growth and alignment.

Awareness

How do I increase my awareness of others' experiences and perspectives? What assumptions might I need to challenge or re-examine?

Acceptance

How do I demonstrate respect for perspectives that differ from my own? Where can I model openness and understanding?

Action

What is one concrete step I can take to make others feel more included or valued? Who can I support, amplify, or invite into a conversation?

Accountability

How can I measure my progress in fostering belonging? Who can help keep me accountable to my intentions and actions?

"Belonging begins with awareness and grows through accountability."

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